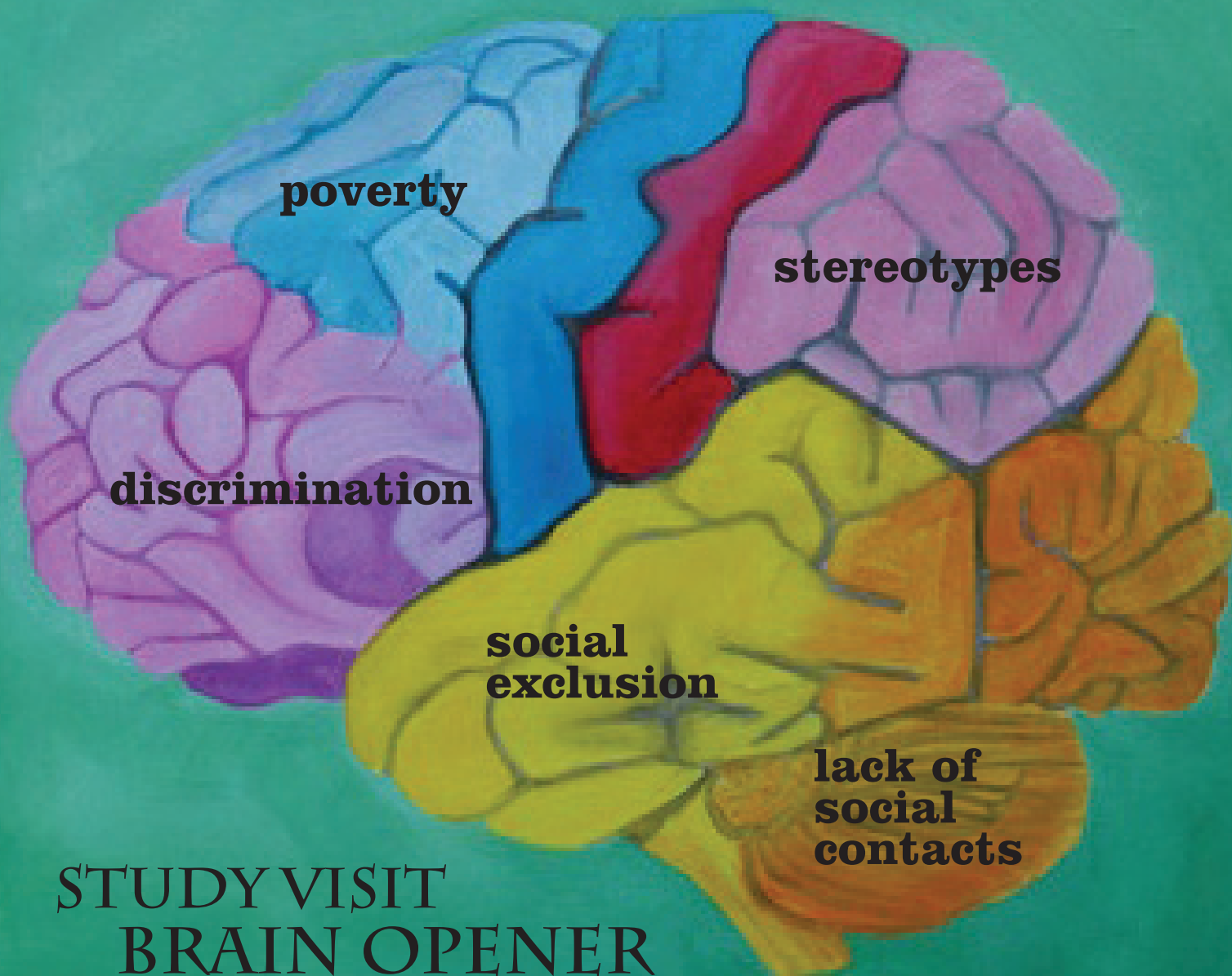


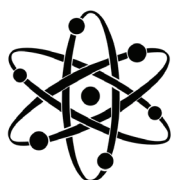
# INFORMATION PACK



## STUDY VISIT BRAIN OPENER

9. - 18. 9. 2013

ASSOCIATION FOR  
YOUTH ACTIVISM  
KVANTUM



NATIONAL AGENCY  
for European Educational  
Programmes and Mobility



Youth  
in Action



# OVERVIEW OF THE PROJECT

**T**aboos, prejudices and stereotypes and fight against discrimination and social exclusion will be the key words of 8 - days study visit 'Brain Opener' implemented with goal to bring together youth workers, leaders and project coordinators and create open learning platform which will provide the participants an opportunity to discover youth work realities in Macedonia with special focus to be paid to organizations who are trying by their activities fight social exclusion and it's major elements (poverty, unemployment, lack of social contacts) as well as which are trying to create more tolerant and understanding society by fighting discrimination and breaking prejudices and stereotypes which the most vulnerable groups are facing.

The participants will have during the study visit an opportunity to meet with representatives of NGOs working with Roma community, people with intellectual disabilities, and young people with challenging behaviour or HIV/AIDS positive.

Moreover the study visit connecting 9 countries (Turkey, Poland, Portugal, Italy, Netherlands, Lithuania, Romania, Macedonia and Bulgaria) will be also an opportunity for creating new contacts, developing new project ideas for training courses, youth exchange or EVS that implement with support of Youth in Action Programme would bring change in the participants' communities and countries.

During the whole project the participants will be encourage to share good practices and experiences which can be afterwards used by others in their daily work when implementing local or international activities fighting discrimination and social exclusion.



# PRACTICAL INFORMATION

## WHEN:

The study visit “Brain Opener” is starting on 9. September in Skopje - capital city of the hosting country.

Please, plan your travel so you are able to reach Skopje - starting point of the project by 18:00 when we will start the program by dinner and several team building and ice-breaking activities.

And the project is finishing on 18. September in Struga.

No activities will be organized this day the participants can leave any time.

The project team will provide you all information and assistance needed to reach the project venue.

## PARTICIPANTS PROFILE

Youth workers, leaders, project coordinators;

press ideas and opinions, communicate with other members of the team ;

With strong interest in following issues - social inclusion, fighting social exclusion and discrimination, working with people with fewer opportunities, developing new project ideas;

Over 18 years old;

**FILL IN THE APPLICATION FORM AND SEND IT BACK NOT LATER THAN**

Previous experience in Youth in Action Programme and at the field of youth work more than welcome ;

**1. AUGUST 2013**

Willing to work in mix-intercultural team; interact with representatives of local organizations;

As this project is a study visit it will include visiting various organizations across the hosting country and travelling all around.

Communicative English - being able to ex-

# PREPARE - HOME TASKS

In the preparation period let's get ready for the study visit by:

- preparing presentation reflecting the social exclusion, discrimination issue in the participants countries;
- bringing materials reflecting good working practices of your organizations including video clips, brochures, posters...
- getting ready for open space during which each participant will have an opportunity to

share interesting practices, tool, information with others;

- bringing music and something to taste for intercultural nights.

For better communication, sharing information we will create Facebook group in the preparation period also feel free any time to contact us and ask any question that you have on mind.

## TRAVEL BUDGET & REIMBURSEMENT

TRAVEL EXPENSES IN 70 PERCENT AMOUNT WILL BE COVERED ACCORDING TO THE FOLLOWING BUDGET:\*

**POLAND, TURKEY, ITALY, THE NETHERLANDS, ROMANIA**

**400€;**

**PORTUGAL, LITHUANIA 500€;**

**BULGARIA 60€;**

\*100 percent, per person.

Travel expenses will be reimbursed during the project in cash or after the project with a bank transfer under following conditions

- (1) Participant has provided all the bills, invoices, tickets and boarding passes.
- (2) Participant has used cheapest means of transportation (2nd class tickets).
- (3) Participant has participated in scheduled activities.

You can arrive in Macedonia up to 2 days in advance and leave up to 2 days later. Stay for additional days is not covered from project budget.

When planning your trip please check out also flights to Belegrade, Sofia, Thessaloniki as flights to these cities can be much more cheaper than flying to Skopje and from these cities you can after reach Skopje easily.

# CONTACT & VENUE & LINKS

This study visit “Brain Opener” will start in Skopje, the capital city of Macedonia where the participants will be accommodated for three nights in hostel (more information about this venue we will provide soon) we will move to Struga where the participants will be accommodated in

hotel **SOLFERINO** (known also as **RED CROSS**) located at Partizanska 22.

Here 2 or 3 participants will be sharing the room. And bed clothes and towels are provided and WI-FI internet is available.

We will keep you updated about the project venue through the Facebook group of the project.

## Contact Email:

[kvantum.contact@gmail.com](mailto:kvantum.contact@gmail.com)

to find the cheapest flight

<http://wizzair.com/en-GB/Search>  
[www.onetravel.com](http://www.onetravel.com)  
[www.dohop.com](http://www.dohop.com)  
[www.skyscanner.net](http://www.skyscanner.net)

for travel by bus

Skopje bus station  
[www.sas.com.mk](http://www.sas.com.mk)  
Belegrade bus station  
[www.bas.rs/basweb\\_eng/redvoznje.asp](http://www.bas.rs/basweb_eng/redvoznje.asp)  
Sofia bus station  
[www.centralnaavtogara.bg/](http://www.centralnaavtogara.bg/)

more about hosting country

[www.macedonialovesyou.com](http://www.macedonialovesyou.com)  
[www.exploringmacedonia.com](http://www.exploringmacedonia.com)

Travel guide

[www.inyourpocket.com/static/downloads.html](http://www.inyourpocket.com/static/downloads.html)

Hotel Solferino

<http://www.booking-macedonia.com/Accommodation.aspx?city=30&company=258>